



English Language Programs & Pathways 2022



Table of Contents

The FLS Advantage	3	Test Preparation Programs	19
FLS by the Numbers	4	Study 30+ at Boston Commons	20
Testimonials	5	Volunteering Opportunities	21
Citrus College	6-7	Concurrent Enrollment	22
Boston Commons	8-9	Accomodation Options	23
Saddleback College	10	Universal Placement Program (UPP)	24
St. Francis College	11	Pathways at FLS	25
Overview of FLS Levels	12	ASY-Academic School Year	26
Exclusive Features	13	UP-50/UP-100	27
In-Person Programs	14-15	High School Programs	28
Online Programs	16	UPP Partner Schools & Testimonials	29
Tutoring with FLS	17	Preparing for your FLS Program	30
High School Completion	18	Calendar	31

The FLS Advantage

Here are just a few reasons why FLS International offers international students an unbeatable learning and cultural experience:

- Small class sizes ensuring individual student attention
- College and university placement assistance at no additional charge
- Programs using the **immersion method** of language instruction emphasizing spoken English
- Structured **Pathway programs** to effectively prepare students for college entrance
- **Eighteen levels** of English study
- Unique **English Everywhere** program highlighting key curriculum points each week
- Experienced academic counselors
- Accreditation by CEA (Commission on English Language Program Accreditation)
- Centers located in safe and secure environments
- Monthly Language Extension Day, letting students use their English in new settings
- Highly qualified teaching staff with all faculty holding Master's Degrees or TESOL credentials

WELCOME TO FLS

With globalization increasing, it's more important than ever to learn about other cultures. There's no better way to understand a new culture than by learning its language. This is what FLS International has been about for over 30 years.

By joining an FLS program, students improve their English, gain an understanding of other cultures and develop their independence. Studying overseas can be life-changing, leading students to challenge themselves, find their true passions and increase their personal growth.

As America's largest network of family-owned and operated language schools, FLS is proud of our excellent record of student satisfaction and client service. Our responsiveness to students ensures that FLS is your best choice for a unique and valuable American experience.

This year we are proud to announce the addition of many online study options for our students overseas. These courses bring you the same high-quality curriculum and expert teachers you expect from FLS along with the convenience of studying from home.

FLS invites you to create your own story!

Sincerely,

Francine Forman-Swain
Director and Founder

Francine Forman-Dusin

FLS by the Numbers

36 YEARS OF SUPERIOR FLS EDUCATION PROGRAMS



104

Countries sending students each year

Languages spoken by FLS staff

18 Levels of English

JAPAN

BRAZIL

NATIONALITY MIX

CHINA/TAIWAN

LATIN AMERICA

SOUTH KOREA

THAILAND

VIETNAM

OTHER

WESTERN EUROPE

RUSSIA/EASTERN EUROPE 11%

MIDDLE EAST

15%

14%

12%

11%

10%

9%

9%

4%

4%

1%

5,000+

Students enrolled each year

98.5%

Student satisfaction rate

300+

Students transferring to colleges and universities every year

Students in the average class

150+

Partner institutions with transfer agreements

3-5 **Activities offered** each week

100%

FLS teachers with TESL Certificates or Master's Degrees

100% FLS schools offering volunteer experience every term

Testimonials



This story might sound unbelievable, but it's true. A lot of native speakers are surprised I've been living in the US for only three years! FLS is what began it all. I feel so fortunate to have been here. Teachers have amazed and inspired me daily. Then, they helped me to grow! Look! I'm ready to fly now! They are really welcoming, friendly, and helpful. That's why I still visit my teachers even though I graduated from FLS three years ago! I'm thankful for all the FLS teachers and friends I met here. They changed my thought and gave me motivation to live in California. What can I do for FLS now? I can only say thank you!

-Mario, Past FLS Student (Japan)

I have had a great time here and had lots of new and wonderful experiences with FLS. FLS students take all of their classes with qualified professional teachers who have Master's and PhD degrees. But even though I came here to learn English, if I took only classes in a classroom, I would get bored and lose interest. Fortunately FLS always prepares various activities for their students. The most impressive one that I have done recently is a field trip to test a new app. We went to a software company together and tested their new app and gave them our feedback. It was a great experience, because I could visit their office and get to know how they worked and developed their software. FLS always makes their students get interested and experience new things. Wonderful!



-Sungmo Han (Korea)



To view our video testimonials please **scan QR code** or **click here**.



I have been in many schools but at FLS International administration staff really cares if students do well and go to school. In other schools, they don't care if you come or not. I also like the fact that everything is well organized. On one hand, education is demanding and on a high level on the other, you can ask for non-standard things and they will be done. This is also the first time I have attended activities in any school and it was great to see that they actually care if we are having a good time...My progress is visible. I want to say something about homestay. The prices are affordable and they really listen to what you need. So you can live almost any way you like.

-Abdalla, FLS Student (Saudi Arabia)

Southern California is an amazing mix of diverse cultures that gives students an unforgettable exposure to many aspects of America. At FLS you will be part of a supportive community that will help you to be a better English speaker, grow as a person, and make progress toward your life goals.

Dr. Brent Davis, FLS Instructor (Citrus Campus)
 Ph.D. in Speech Science and Technology, USC



Citrus College



LOS ANGELES, CALIFORNIA





WEATHER

- Summer Avg: 28°C
- Winter Avg: 18°C

Los Angeles is a trend-setting global metropolis with a fascinating history and rich cultural heritage. The "City of Angels" is home to picture-perfect beaches and 75 miles of sunny coastline. Regarded as the entertainment capital of the world, Los Angeles is home to legendary Hollywood movie studios, responsible for the most popular movies in the world. L.A. also boasts a thriving theater, music and gallery scene. Celebrities can often be seen shopping the streets of Beverly Hills, including the world-famous Rodeo Drive.

Located in Los Angeles County near the foothills of the San Gabriel Mountains, Citrus College offers a combination of suburban comfort along with access to all of L.A.'s attractions. Having served students for over 100 years, Citrus College is one of California's first colleges and continues to expand its educational mission.

After completing their studies at Citrus College, students can transfer to prestigious institutions such as UCLA to complete their degrees.

School Type: Community College

Enrollment: 14,000



CAMPUS FACILITIES

- Cafeteria
- Computer Lab
- Free Wi-Fi
- Golf Range
- Library
- Tennis Courts
- Track & Field
- Smartboards



PROGRAMS OFFERED

- Core English
- · General English
- · Intensive English
- Academic English
- TOEFL Preparation
- High School Completion
- Discover California

Citrus College (contd.)



POPULAR MAJORS

- History
- Business Administration
- Liberal Arts
- Psychology
- Visual & Performing Arts



ACCOMMODATIONS

Homestay
 Minimum age: 15
 16 meals per week





EXPLORING & GETTING AROUND



ACTIVITIES

- Disneyland
- Universal Studios
- Hollywood
- Downtown L.A.
- Old Town Pasadena



TRANSPORTATION

- Bus: Foothill Transit on campus
- Light rail: Metro Gold Line adjacent to campus



AIRPORT PICKUP

- Los Angeles International Airport (LAX)
- Distance: 67km





Boston Commons



BOSTON, MASSACHUSETTS





WEATHER

- Summer Average: 21°C
- Winter Average: 6°C

One of America's most attractive cities, Boston offers a unique blend of historical sites, such as the fascinating Freedom Trail, and modern attractions, like the innovative Massachusetts Institute of Technology. Considered America's education capital, Boston hosts the world's largest college student population. Prestigious universities such as Harvard, MIT, Tufts and the University of Massachusetts are just a few of the many educational institutions in and around the city. Boston is also home to some of the best sports teams in the nation, giving students an opportunity to catch the Red Sox at Fenway Park or experience American football at a New England Patriots game.

Our Boston Commons center is ideally located in the bustling Downtown district, overlooking America's oldest park, Boston Common, considered by local residents to be the heart and pulse of the city. Students can step outside to hop on the subway at centrally located Park Street station or stroll across the park for picturesque views of the Massachusetts State House.

Our partner agreements with numerous nearby colleges and universities give students many options for pursuing a Bachelor's or Master's degree after completing their studies at Boston Commons.

School Type: Downtown city center

Enrollment: 150

UPP Partner School



CAMPUS FACILITIES

- · Student Kitchen
- Free Wi-Fi
- Smartboards
- Student Lounge



PROGRAMS OFFERED

- Core English
- General English
- · Intensive English
- · Academic English
- TOEFL Preparation
- IELTS Preparation
- SAT Preparation
- Study 30+
- Executive Business English
- Concurrent Enrollment
- High School Completion
- Business Certificate Program
- Discover Boston

Boston Commons (contd.)



POPULAR MAJORS

- Business Administration
- Public Administration
- Health Sciences
- Psychology
- · Communications



VOLUNTEERING

- Community Servings
- Haley House
- Greater Boston Food Bank



ACCOMMODATIONS

- Homestay
 Minimum age: 15
 16 meals per week
- International Guest House Minimum age: 16
 14 meals per week





EXPLORING & GETTING AROUND



ACTIVITIES

- Harvard University & Harvard Square
- Six Flags New England
- Museum of Fine Arts
- Boston Red Sox Games
- Newbury Street Shopping



LOCAL TRANSPORTATION

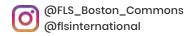
- Subway: Steps away from the campus
- Bus: Covers the Greater Boston area
- Rail: Connects Boston to neighboring cities



AIRPORT PICKUP

 Boston Logan International Airport (BOS)
 Distance: 6km

131 Tremont St., #400 Boston, MA 02111



Saddleback College (Summer Only)



UPP Partner School



WEATHER



- Summer Avg: 26°C
- Winter Avg: 20°C

With 42 miles of world-famous beaches, legendary theme parks and enough shopping destinations to satisfy even the most dedicated shopper, it's no wonder that visiting Orange County is the ultimate Southern California experience. "The OC," as local residents call it, blends a casual, active lifestyle with laid-back sophistication. This unique lifestyle was integral to the development and culture of professional surfing, and the perfect weather continues to bring millions of visitors every year.

Saddleback College has been the first choice for higher education in South Orange County since 1968. The beautifully landscaped campus is set on a hilltop surrounded by the gorgeous neighborhoods and shopping districts of Mission Viejo. Known as one of California's safest cities, Mission Viejo provides comfortable surroundings near some of Southern California's greatest attractions.

Saddleback College offers more than 190 different degrees and certificates, giving students an excellent foundation to transfer to UC Irvine or other University of California or California State University schools.

School Type: Community College Enrollment: 28,000



CAMPUS FACILITIES

- Cafeteria
- Library
- McKinney Theatre
- Free Wi-Fi
- Smartboards
- Tennis Courts



AIRPORT PICKUP

- Los Angeles International Airport (LAX)
- Distance: 91km



PROGRAMS OFFERED

Custom Tours



ACCOMMODATIONS

Homestay: Minimum age: 15
 16 meals per week



St. Francis College (Summer Only)



UPP Partner School



and safe environment, coupled with stunning views of the Manhattan skyline. St. Francis College is a private liberal arts college, noted as one of the top regional colleges in the northern US. The college has updated residence halls located within the beautiful and historic Brooklyn Heights neighborhood, across the street from the landmark Brooklyn Heights Promenade and within a short walk to Brooklyn Bridge Park, a world-class waterfront park full of amenities.

Located in the trendy borough of Brooklyn, St. Francis College features a comfortable

Our summer program at St. Francis College provides an exciting chance to get a sample of big city life and put yourself in the center of "the city that never sleeps."

WEATHER



• Winter Average: 6°C

School Type: Private liberal arts college

Enrollment: 2,500



CAMPUS FACILITIES

- Genovesi Athletic Center
- · Maroney Theater
- Frank and Mary Macchiarola
 Academic Center
- Fitness Center
- · Free Wi-Fi Access



PROGRAMS OFFERED

- Discover New York
- Scriptwriting
- Intensive English



AIRPORT PICKUP

- John F. Kennedy International Airport (JFK)
- **Distance:** 18km

- LaGuardia International Airport (LGA)
- Distance: 16km



ACCOMMODATIONS

• Student Residence 19 meals per week





Overview of FLS Levels

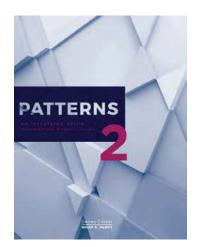
Our curriculum includes the perfect course for students at all levels of English proficiency, from beginner to near-native ability. Each FLS Level requires four weeks to complete. Check the chart below to see how you can expect to progress!

	FLS	Proficiency Outcomes	Correlations								
	Level	Proficiency Outcomes	TOEFL	IELTS	TOEIC	CEFR					
	1&2	Students can make introductions, talk about daily activities and talk about clothes and food.	1-12	0 - 1.0	0 - 125	Pre-Al					
Beginner	3 & 4	Students cantalk about travel, vacations, shopping and families. Students can make comparisons, accept invitations and write short descriptions.	130 - 250	Al							
	5 & 6	Students can talk about social media, accommodations, superstitions and predictions. Students can make commands, discuss possibilities and describe past events.	2.0 - 2.5	255 - 325 A2							
	7&8	Students can talk about traditions, special events, personal goals, and report conversations. Students can discuss hobbies, legends, reported events and hypothetical events. 33 - 41 3.0 - 3.5									
Intermediate	9 & 10	4.0	400-495	B1+							
	11 & 12	Students can express regret and encouragement, discuss job qualifications, global issues and personal strengths and weaknesses. Students can write a brief essay and read a short novel.	49 - 61	4.5 - 5.0	500-585	B2					
	13 & 14	Students can infer meaning, synthesize information from different sources and analyze an opinion. Students can understand authentic news broadcasts, summarize research and take accurate notes.	62 - 76	5.5 - 6.0	590-675	B2+					
Advanced	15 & 16	Students can deal politely with disagreement, discuss solutions to challenging issues, and take part in a professional meeting. Students can read a novel used in college coursework and write a brief business proposal.	77 - 91	6.5 - 7.0	680-765	Cl					
	17 & 18	Students can discuss hopes and fears, beliefs, statistics, memory and innovation. Students can use persuasive techniques, employ academic strategies and skills and read material used in advanced college coursework.	92 - 120	7.5 - 9.0	770-990	C2					

Exclusive Features

FLS is truly like no other language school, with unsurpassed customer service and an outstanding curriculum. Check out some of our unique features!

CUSTOM TEXTBOOKS



Many levels use Patterns, our own custom-made textbooks, developed specifically with FLS students in mind. These texts use a modular format that allows students to master new English concepts, vocabulary terms and grammar skills each week. Throughout the texts, students meet characters who encounter different aspects of American culture brought to life through audio and video elements.

A new unit is covered each week, including many chances for student interaction and concluding with a project in which students prepare and present material to the class.

This contemporary, interactive series helps students take their English to impressive new levels!

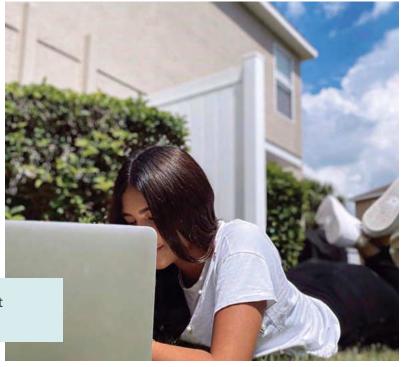
ENGLISH EVERYWHERE

English Everywhere centers on the **Hot Sheet**, a quick reference for all the key language points for that week.

Each Hot Sheet focuses on a different theme, with conversation starters, songs and movies that explore the theme in greater detail. Students are encouraged to keep their Hot Sheets with them and refer to them throughout the week.

With FLS International, you really can learn English Everywhere!

Students can download and share Hot Sheets at **www.fls.net**.



CONCIERGE SERVICE

Our staff truly goes the extra mile to ensure that each student has the best possible experience. School personnel are well-versed in helping students adjust to life in the United States, whether it's opening a bank account, finding a great restaurant or getting a driver's license.

Because FLS operates all of our own school services, we're able to take quick, responsive action to student requests. If a student has concerns about housing, an activity, or any school-related issue, we have personnel available around the clock, ready to quickly and effectively address the matter.

In-Person Programs



Integrated Skills Core Class

Elective Class

Academic Workshop

Academic English Program

36 lessons per week: 6 daily hours of study

3





The FLS Academic English Program is perfect for the student who wants to improve their English skills as quickly as possible and get on the right track for college and university success! This program offers the most lessons per week available at FLS. Students are able to enroll in the full-range of courses offered. The program includes one core class, two electives, and one academic workshop. Students in the Academic English Program also have access to our Test Preparation courses.

Intensive English Program

30 lessons per week: 5 daily hours of study

3



Our popular Intensive English Program offers a well-rounded learning experience for students who have varied English goals, allowing students access to a wide range of FLS electives in order to provide a more versatile experience. The program includes one core class, one elective, and one academic workshop.

Test Prep Class



Executive Business



General Business English (Elective)

General English Program

24 lessons per week: 4 daily hours of study

3



For students who want to balance English studies with time to explore the fascinating sights and activities near our centers, our General English Program is the ideal choice. The program includes one core class and one academic workshop.

Core English Program

18 lessons per week: 3 daily hours of study

3

For those looking for a part-time study option, our Core English Program offers the perfect schedule, blending the study of English fundamentals with ample time to experience the many local attractions and destinations. The program includes one core class. *This program is not available to students on an F-1 Visa.*

NOTE: Each lesson lasts 50 minutes



Students not resident in the United States or not on an F-1 student visa may join our in-person classes virtually.

Test Preparation Programs

36 lessons per week: 6 daily hours of study

3

2

1

Standardized tests are a critical step on the road to success for most international students. Many universities, graduate programs, and employers require these tests as part of their application process. The program includes one core class, two hours of test preparation, and one academic workshop. Each course provides the student with the necessary skills and practice to achieve success on the chosen exam. *Please see page 19 for detailed descriptions*.

Executive Business English Program 30 lessons per week: 5 daily hours of study

3



1

Improve your Business English in one of America's financial capitals: Boston! Our Executive Business English Program is designed for professionals who need to learn English for business purposes and who have limited time to study. The program includes one core class, one comprehensive Business Elective class, and one daily session of specialized small group study consisting solely of Executive Business English participants.





CLASS DESCRIPTIONS:

CORE CLASS

Our Core Class is the foundation of our English Language Program and is offered in 18 levels, from beginner to proficient. Each level provides integrated instruction and practice in the four major language skills: listening, speaking, reading and writing. Students who complete Level 14 are eligible for transfer to many partner colleges and universities. Each level lasts 4 weeks and includes 60 hours of instruction.

SAMPLE ELECTIVES

Our elective classes allow students to focus on specific important skills and topics and improve their areas of weakness. Here are just a few of the many electives we offer. Each class lasts 8 weeks and includes 40 hours of instruction.

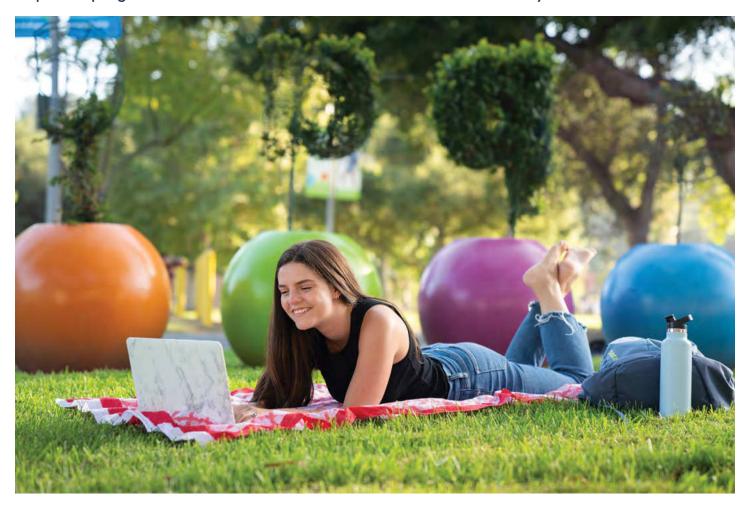
- Conversation
- · American Culture
- Critical Thinking
- · Business English
- Practical Grammar
- Slang and Idiomatic Speech
- Public Speaking
- English Through Film

ACADEMIC WORKSHOPS

Our Academic Workshops provide brief, daily self-contained lessons and practice in such areas as Pronunciation, American Songs, Vocabulary, Current Affairs and Topical Conversation. The emphasis is on participation and practice in a more relaxed atmosphere to allow students to increase their English fluency.

Online Programs

All FLS Online Programs feature live instruction with experienced teachers in small group classes! Wondering if you're prepared? Don't worry. All FLS English classes are offered in 18 different levels from beginner to advanced. The essential English course is a great way to get a head start on your in-person program. Then, look to our other courses to further advance your skills!



ESSENTIAL ENGLISH

9 lessons per week: 90 minutes of study daily

The FLS Essential English course is a great way to build your skills and gain confidence using English for everyday situations and casual conversations. Authenticity in all areas is the goal of these dynamic classes. Class activities take an integrated approach to speaking and listening practice while providing new vocabulary and improving your grammar.

All instructors are experienced, TEFL Certified and native English speakers with a passion for teaching. During classes, they provide immediate feedback and individual guidance to help you progress.

FLS PATHWAY, TEST PREPARATION, HIGH SCHOOL PROGRAMS ONLINE:

For those unable to travel to attend our in-person classes, FLS provides you the opportunity to join our classes virtually! Take part in live instruction and interact with your classmates through a live link to our in-person classes. Our Online Pathway option lets you experience the full benefit of our courses from the comfort of your home.

Tutoring with FLS

Sometimes students need classes tailored to their individual goals and learning style. Other times, students need classes that work around their schedule. Private tutoring is the perfect solution!



Our tutoring programs cover any subject or need including the following:

- Test preparation for the TOEFL, IELTS, SAT, GRE, and GMAT
- Homework assistance in all subjects K-12 and University
- Business English
- Accent Reduction
- Math
- Science
- Languages including English, Spanish, French, Chinese, Japanese and more

Each student will complete an assessment about their needs, goals and preferences in order to be matched with the perfect tutor. All FLS Tutors have previous teaching experience, and many hold advanced degrees.



IN-PERSON

Students can arrange in-person, one-onone tutoring near either our Boston or Los Angeles locations.

ONLINE

Students who prefer online tutoring or cannot attend our campuses can arrange online tutoring from anywhere in the world through a private web conference.

High School Completion



An American high school diploma can provide so many opportunities! But many international students don't have the time or resources to attend a U.S. high school and are looking for alternatives. There are also students who want to add a diploma from the U.S. to their current credentials.

Now, at FLS, students can earn high school credit, complete their high school studies and earn their diploma. FLS and Penn Foster High School have joined forces to offer this program specially designed to put students on the track to high school success.

Penn Foster is a fully accredited school founded in 1890. Their diploma is accredited and accepted

by colleges and universities across the United States. For two hours each day, students in the High School Completion program work with our supportive teaching staff and follow a customized curriculum to meet the exact requirements needed to complete their diploma.

Students come away with greater confidence in their academic ability and the skills needed to move on to college coursework!

IN-PERSON OPTION

- Student must complete FLS Level 12 (or test above level 12 upon arrival)
- Student will study a full-time program of four hours per day in FLS English classes
- Student will take an additional two hours per day of customized high school coursework
- Available at all FLS centers
- Average class size: 5

ONLINE OPTION

- Student must achieve FLS level 12 on proficiency test or demonstrate comparable proficiency
- · Student will study two hours per day of customized high school coursework
- Students may add additional online English study as needed
- · Classes offered at convenient times
- Average class size: 5

PERSONALIZED COURSE OPTION

- · Student must achieve FLS level 12 on proficiency test or demonstrate comparable proficiency
- Curriculum will be personalized based on a student assessment
- · Student can schedule classes in-person or online at any time according to their own schedule
- Average class size: private



For In-Person Option we strongly recommend students bring their own laptop to facilitate their studies. If students do not have a laptop, FLS will provide one for use in the classroom.

Test Preparation Programs

Standardized tests are an important step on the road to success for most international students. Many universities, graduate programs and employers require minimum scores on these tests as part of their application process. All FLS test preparation programs are led by experienced teachers who use proven curriculum and provide personalized ongoing feedback. Because of this, we're sure our programs will help you achieve your best score!

IN-PERSON OPTION

- Student must complete the required FLS level (or test above the level upon arrival)
- Student will study a full-time program of four hours per day in FLS English classes. Student will study an additional two hours per day of test preparation coursework
- · Average class size: 5

ONLINE OPTION

- · Student must achieve the required level on the proficiency test or demonstrate comparable proficiency
- · Student will study two hours per day of test preparation coursework
- · Students may add additional online English study as needed
- Student can join live group classes online at the same time as in-person classes (see the schedule on our website for current availability)
- Average class size: 5

PERSONALIZED COURSE OPTION

- · Student must achieve the required level on the proficiency test or demonstrate comparable proficiency
- · Student will study two hours per day of test preparation coursework
- · Student may add additional English study
- Student can schedule in-person classes at a time that works for them
- · Student can schedule online classes at a time that works for them
- Average class size: private

TEST PROGRAM	OPTIONS
TOEFL The TOEFL test challenges students to analyze and synthesize academic passages and use advanced discourse. Our program will give students test-taking strategies and enhance their ability at making inferences, synthesizing information, finding factual material and analyzing reading passages.	Requires FLS Level 9 proficiency. Available at FLS Citrus, FLS Boston Commons and Online
IELTS IELTS is a popular test used by employers and colleges to measure English proficiency. Our program provides students with the skills to understand native speakers, follow the development of an idea, find the main idea, interpret points of view and discuss abstract ideas.	Requires FLS Level 9 proficiency. Available at FLS Boston Commons and online.
SAT The SAT is the most commonly taken test for U.S. students entering college. Our program provides students with an understanding of the test structure and improves their ability to analyze written passages, understand key academic vocabulary, use standard writing conventions and solve problems in data analysis and algebra.	Requires FLS Level 13 Proficiency. Available at FLS Boston Commons and online.

Study 30+ at Boston Commons





For the adult learner looking for a more mature educational environment, FLS is pleased to present Study 30+. Located in the center of historic, cosmopolitan Boston, our program surrounds participants with supportive teachers, students with similar backgrounds and the stimulating environment of America's educational capital.

Studying with other adult English learners from around the world, students share experiences, make new connections and have the opportunity to explore Boston's fascinating cultural and sightseeing attractions. Students can visit Harvard University, experience a baseball game at Fenway Park or enjoy the collection at the Museum of Fine Arts. They are all an easy subway ride from our center!

We offer the flexibility for students to pick the schedule they prefer from two options:

Core English: 3 hours of study per day

2. General English: 4 hours of study per day

OUR PROGRAM INCLUDES:



Daily English study with other students age 30 and over



Access to free **conversation clubs** and **volunteer activities**



Carefully selected **American homestay** families, ideally suited for mature students OR **shared student residence** accommodation*



Concierge services, including a dedicated housing staff, airport transfers, and counselors to assist you in exploring all that Boston has to offer.



Optional One-to-one tutoring or small group tutoring for concentrated practice in the skills most valuable to you. Options include accent reduction, test preparation, English for business, and more.*



Average **class size of 10** students



Optional **weekday and weekend activities**, including art galleries, beer and wine tasting, concerts, and musicals.*



The program is available from 1-4 weeks. Start any Monday in February, May, or September.

^{*} available upon request, additional fees may apply

Volunteering Opportunities



Now more than ever, students are looking for ways to reach out and contribute to the community around them.

Volunteering is not only a chance to assist others and connect with the community, but is also a great way to meet Americans and gain valuable real-world experience.

Selective colleges and universities are searching for well-rounded candidates when making admission decisions. Having experience in community assistance programs is an excellent way to round out a student's background and show their diverse interests. Not only that, but volunteering often provides memorable experiences that can last a lifetime.



FLS has carefully selected the perfect volunteer opportunities for international students. Participants in the program will gain practice in speaking English and valuable insights into American culture in a structured environment.

Each FLS center offers unique volunteer opportunities based on the specific requirements of their community. We work with organizations from food banks and women's shelters to schools and convalescent homes, offering a wide range of experiences.

Best of all, students enrolled in FLS classes can participate in these opportunities at no additional charge!

Concurrent Enrollment

For students who want to get a head start on earning a Bachelor's Degree, FLS has the perfect opportunity!



Our Concurrent Enrollment option allows students to earn transferable college credit while continuing to improve their English skills.

When students reach the required level, our counselors will work closely with them to choose appropriate classes that match the student's individual interests, academic plan and English proficiency level.

Students will then be enrolled in a semester-long class, studying side-by-side with American students. Students will not only be able to earn college credit, but gain the invaluable experience of taking a complete college course at an American institution.

Students may participate at several host campuses and partner institutions, including Citrus College, Cambridge College and UCLA Extension.

REQUIREMENTS AND CONDITIONS:

- Students must have the English proficiency level required by their chosen campus
- Students must enroll at the beginning of the semester and complete the course to earn credit
- Students may choose from a range of selected undergraduate courses
- F-1 students must maintain full-time enrollment (GE or above) at FLS while participating in this program



Contact your FLS representative for more details about currently available concurrent enrollment options!

Accommodation Options:



HOMESTAY:

Staying with an American host family is one of the best ways for students to improve their English quickly and effectively. Living with a host family allows students to experience the American lifestyle at a personal level. Students participate in family activities, practice their English with family members and build long-lasting connections and relationships.

Welcoming homestays are available at all FLS campuses. Each home is located within easy travel distance of the campus and provides a comfortable and friendly environment. For most students,

FLS recommends our twin room homestay option: Two students with different native languages share a bedroom, providing additional opportunities for English practice. A single room option is also available.

EACH HOMESTAY INCLUDES:



16 meals per week (breakfast and dinner each weekday; breakfast, lunch and dinner on weekends)



A place to study



Access to all family common areas



Access to laundry facilities in the home



Wi-Fi Internet

STUDENT RESIDENCES / INTERNATIONAL GUEST HOUSE:

Students attending our language center in Boston have the option to live in the International Guest House, located within a short walk or subway ride from our school. The International Guest House (IGH), in Boston's historic and charming Back Bay, is nestled between quaint shops and cafes. It provides easy access to iconic Boston landmarks such as Fenway Park, the Charles River Esplanade, and the Boston Public Library.

Rooms are shared with 1-3 other students. The IGH provides breakfast and dinner daily, has free Wi-Fi throughout the building, and has laundry facilities on site.

International guest house includes:

- Study Areas
- Student Lounges
- Laundry Facilities
- Cafeteria/Dining Hall
- Free Wi-Fi
- Linen Service
- · Cleaning Service



Universal Placement Program

Universal Placement Program (UPP) is the placement division of FLS International. Our mission is to help you get into the best schools in the USA. For over 30 years we have helped thousands of students to gain admission to high schools, community colleges, top ranked universities, graduate programs, and specialty schools. Our simple and fast service ensures you access to achieve your educational dreams!

Our placement and support packages include school and student matching, scholarship searches, application preparation, and essay review. Our ASY is an all-inclusive package, so you don't need to worry about your tuition or living expenses. With our exclusive UP-50 and UP-100 packages, we can provide tutoring and academic monitor services to guarantee you admission to the top schools in the US.

I'm looking for a high school.

UPP partners with over 40 top high schools for grades 9-12 with both boarding and homestay options.

I want to go to a good university but my English (or GPA) is not great.

UPP has over 100 pathway partners including over 80 that accept FLS level completion instead of the TOEFL or IELTS exam. You can study English at FLS or one of our on-campus ESL partners. Even if your grades are poor, we can get you conditional offers to universities before you leave your home country. Our UP-50 and UP-100 programs provide tutoring and academic support to guarantee your placement to a top university.

My English and GPA are fine. I want a top-ranked school!

UPP has many top-ranked universities and programs. If you already have a good TOEFL or IELTS score and a strong GPA, we can help with direct admission into a great program.

I'm interested in graduate programs.

We have a wide variety of graduate schools offering the most popular majors such as MBA, Computer Science, Engineering, Big Data, and Health Sciences. Additionally, nearly all of our programs offer opportunities for CPT, OPT, and internships with American companies.

I'm looking for a special program.

UPP partners with a number of "Specialty Schools" offering diverse programs including Acting, Culinary Arts, Fashion Design, Creative Design, Music Performance, Flight Training, and even Professional Golf!

Do you offer scholarships?

We certainly do! Many of the UPP schools have a variety of scholarship options for international students. Requirements are usually based on GPA, English ability, nationality, and essay submission. Add a scholarship search to your placement package and let us find the best scholarship options for you!

I need help with housing.

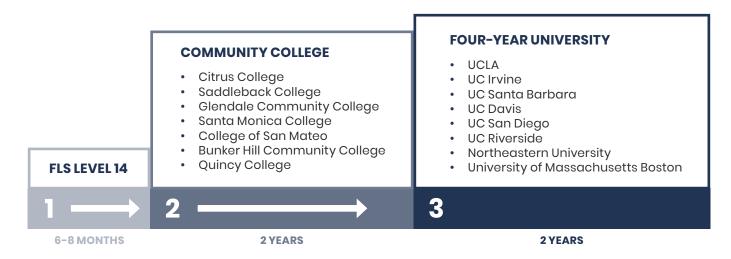
At many of our UPP schools, we offer the Academic School Year (ASY) program, which allows students to reside in single room accommodation during their academic term. ASY also includes tuition pre-payment, 24/7 emergency support, and airport transfer service upon arrival. ASY lets you leave the details to us while you concentrate on your studies.

Pathways at FLS

There are many different pathways to take to earn an American university degree. FLS International works with each student to find the best path based on the student's background, interests and goals.

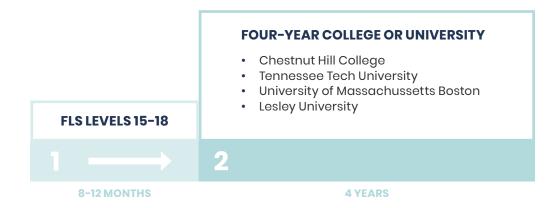
SAMPLE PATHWAYS-CLASSIC PLAN

Three Step Options



Students begin their educational journey at **an FLS center** where students will improve their English proficiency and gain the skills needed to succeed in the American academic system. Students who complete Level 14 may then transfer to a community college and complete an Associates' Degree. Afterwards, students can transfer to a four-year university to complete a Bachelor's Degree.

Two Step Options



Students with strong academic skills may choose to complete a more advanced FLS level (15-18, depending upon school) and transfer directly to a 4-year college or university. Our partner institutions work closely with FLS to ensure that students have a seamless transfer.

ASY-Academic School Year



Our Academic School Year (ASY) program is a safe and simple way to ensure your student has the best start and support to their academic program. Offered only at select UPP partner schools, the ASY program is an exclusive service through UPP. Students can concentrate on their studies while UPP handles the details of their tuition and housing.

The ASY services begin before the students leave their home countries, with housing arranged in a local, carefully screened American family located near the university. Students are met by a UPP representative at their arrival airport, and taken to their new home, with all check-in details completed in advance. Students arrive at their selected school with full-time tuition and mandatory fees pre-paid. All they need to do is select their courses and begin their academic adventure! Finally, UPP staff is standing by 24/7 on a dedicated emergency support line if the student has any difficulties.

THE ASY PROGRAM INCLUDES:

- Full tuition and mandatory fees
- Single room homestay in a carefully selected local American family
- Half-board
- Airport Transfer upon arrival
- 24/7 dedicated support line

UP-50 / UP-100

Guaranteed Acceptance to Top Universities. Take your studies to a higher level, with the UP University Placement Service!



For students looking to study in America's top universities, there can be confusion about prerequisites, required test scores, and deadlines. Admission to top universities requires students to maintain a high GPA, carefully prepare their applications, and meet critical deadlines. UPP, with our vast network of partner schools, provides clarity and eliminates the uncertainties while helping students maintain the GPA they need to ensure acceptance to America's top schools. Through the UP-50 and UP-100 program we can guarantee admission to a top-50 or top-100 ranked university*.

HOW IT WORKS

The Pathway begins by studying for two years in a California Community College. After two years students then transfer to a Top 50 or Top 100 University. Our specialized university advisors work with students to select and apply to the students' dream schools. Students with a GPA of 3.25 and higher are guaranteed admission to a top 50 university and students with a GPA below 3.25 are guaranteed admission to a top 100 University. Your final diploma will be from a top-ranked US university!

THE UPP ADVANTAGE

UPP doesn't just put you on the pathway to top schools, but guides you every step of the way. Here are just some of the benefits we provide students who sign up for our UP-50 and UP-100 programs:

- Weekly tutoring UPP will provide expert tutoring in the student's needed subject areas
- Academic monitoring Student performance and milestones can be monitored to ensure that all requirements are met on time
- 2 academic activities/field trips per semester
- Weekly meetings with admissions advisors (during the 2nd year)
- Discounted tuition for the FLS English Language Program for students who choose to enroll in an ESL program prior to starting their academic journey
- Students already using UPP's ASY receive a discounted rate to the UP-50 and UP-100 programs

^{*(}as ranked by US News & World Report annual rankings)

High School Programs

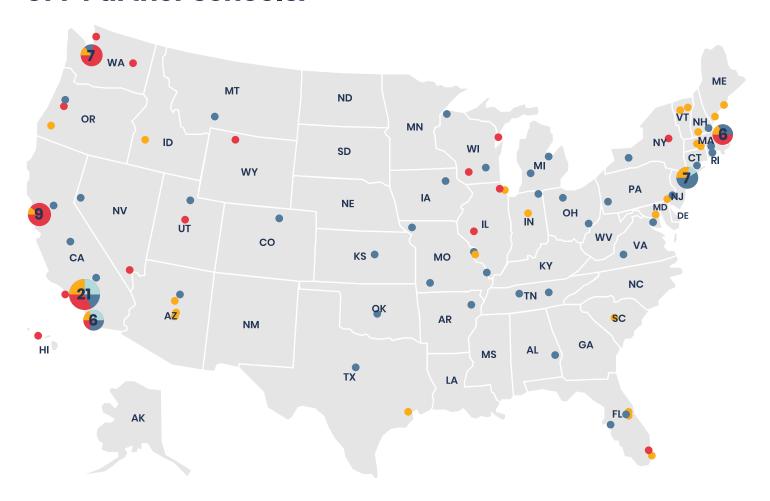


Get the most authentic learning experience possible by studying at one of UPP's exclusive partner high schools! With a wide range of specialty programs, including the International Baccalaureate, Advanced Placement, and honors courses, UPP high school partners have options for every student. Whether you are an athlete interested in one of the many sports teams at our partner schools, or trying to hone your academic profile with more competitive courses, our UPP team will find the perfect learning environment for all of your needs. Besides the academic advantages of studying abroad at one of our partner high schools, you will have the opportunity to learn about American culture, food, and fun! Studying at a UPP high school is an immersive way to make lifelong friends while also preparing for university.

We work with exclusive prep schools with a proven record of placing their graduates into top programs in the United States. Each UPP high school partner offers more than academic excellence. You will have the opportunity to become a part of a thriving school community through many specialized and unique programs such as varsity sports, theater arts, model UN programs, NASA clubs, and even Olympic-category sports! When it comes to helping you prepare for your future, you can rest assured that with a UPP high school partner you will have academic support every step of the way. Students have access to individual counseling to discuss university application and admission standards, as well as guidance on building a competitive and personalized university application portfolio.

High School Immersion Programs are available at select locations. Please contact FLS for more information.

UPP Partner Schools:



STUDENT TESTIMONIALS



I never thought I would be able to study in the US, let alone at a top university! Thanks to the UPP advising team, I was able to quickly choose the best schools for me to apply to, gather all the required documents, and get accepted really fast. When I heard that I had been accepted by Purdue University, I could not believe it! Besides all the counseling I got from the academic team, I also was given information on scholarship searches and practical knowledge about moving to the US for school. I'm so excited to start my university classes this Fall.

-Chawin (Thailand)

Using UPP, I got a lot of helpful information about colleges in the US from the UPP team. UPP understood my English level very well, so they recommended the most suitable college based on what I wanted to study and my future pathway. Moreover, they helped my admission procedure, and I was able to enroll in the college for the semester I wanted. I may not have been able to do it so smoothly only by myself. I'm so grateful for their support. I was able to start at Bunker Hill Community College, and next year I will transfer to University of Massachusetts, Boston.



-Chiyuki

Preparing for your FLS Program



PREPARATION

While students can easily buy most things they need in the U.S., it's more convenient if the student arrives with essential items. We recommend students consider packing these items:

- Spending money (\$200 \$250 per week)
- · Laptop or tablet
- Any medications needed
- · Notebook or folder
- Good walking shoes

- Electronic adaptors
- Pens and pencils
- Sunblock and sunglasses
- Small backpack
- Credit cards

- Umbrella
- Swimsuit
- Smartphone
- Toiletries
- Camera

ORIENTATION

Each student's first day begins with a complete orientation. This includes a placement test, overview of school policies, campus tour and introduction to school staff. The first day also includes registration and enrollment. To be ready for this, students should bring the specific items listed in the box on this page.

After the first day, students will be ready to get the most from their FLS experience!

SAMPLE SCHEDULE*

After the first day, each student's schedule will follow a regular pattern. Here's a sample schedule of a typical school day.

TIME	ACTIVITY
9:00 am - 11:00 am	Core Class
11:00 am - 11:15 am	Break
11:15 am - 12:15 pm	Core Class
12:15 pm - 1:15 pm	Lunch
1:15 pm - 2:15 pm	Academic Workshop
2:15 pm - 2:20 pm	Break
2:20 pm - 3:20 pm	English Through Film Elective
3:20 pm - 3:25 pm	Break
3:25 pm - 4:25 pm	Practical Grammar Elective
4:30 pm	Excursion to Downtown
	Shopping

WHAT TO BRING ON THE FIRST DAY:

- Passport and VisaI-20 (if applicable)
- ☐ Medical Insurance documentation
- Form of payment for tuition and any other unpaid fees (if applicable)
- ☐ Copy of COVID Vaccination Record

^{*} Please note: this schedule is only a sample. The actual schedule for each student's program may vary.

2022 Start Dates

These are the preferred start dates for 2022, but students can start any Monday.

JANUARY					F	EB	RU	AR	Y				M	ARG	ЭН					A	PR	L					
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							30	31																			

ONLINE PROGRAMS START EVERY MONDAY!

PREFERRED START DATES

January 3 - 28
January 31 - Feb. 25
February 28 - March 24
March 28 - April 22
April 25 - May 20
May 23 - June 17
June 21 - July 15
July 18 - Aug. 12
August 15 - Sept. 9
September 12 - Oct. 6
October 10 - Nov. 4
November 7 - Dec 2
December 5 - Dec 30
January 3 - 27, 2023

SCHOOL HOLIDAYS

January 1New	Year's Day (Observed)
January 17	Martin Luther King Day
February 21	President's Day
March 25	In-Service Day
April 15	Good Friday
May 30	
June 20	Juneteenth (Observed
July 4Indeper	ndence Day(Observed)
September 5	Labor Day
October 7	In-Service Day
November 11	Veteran's Day
November 24 & 25	
December 25 & 26	. Christmas (Observed)



Established in 1986

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FLS International





Year-Round Campuses:

- 1. Citrus College
- 2. Boston Commons

Summer Only:

- 3. Saddleback College
- 4. St. Francis College

Study Tour Campus:

- 5. Suffolk University
- 6. Harvard University
- 7. Cal State Long Beach





